

# Cognitive bias

## Workshops

Cognitive bias is a subject that has become more popular in the last decade. The ability to spot cognitive discrepancies and fallacies is an important tool used by parties in politics, public appearances and in casual disputes. In the Information Age, being subject to a constant barrage of opinions and different points, one might feel overwhelmed and unable to recognize the information hiding behind the noise.

Knowledge from the field of Cognitive Sciences allows for better understanding of one's limitations. The workshop consists of the introductory part, during which you will learn about the processes and steps of world-building done 24/7 by your brain. After the introduction, the participants will take part in a debate on current topics that will be a testing ground for your newly acquired deliberations tools.

The workshop will improve your negotiation abilities, as well as help you improve the reliability of your own thinking, deliberation and memory retention and recollection. You will be more skilled in detecting fake news and disinformation tactics. You will be more aware of the communication constraints and thus able to avoid rational dead-ends and fallacies."